

Ann Wigmore Foundation

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To whom it may concern:

My name is Ann Wigmore. I am the director of the Ann Wigmore Foundation, an educational institution dedicated to the enhancement of holistic (physical, emotional, mental and spiritual) well-being, through the practice of the Living Foods Lifestyle.

As the director of this Foundation it is my most earnest desire to see the Living Foods Lifestyle taught, learned, assimilated and practiced as widely as possible. It is for this reason that I am so pleased to have shared this educational experience with Philip Ellerston-Jones.

Philip came to the Foundation in October, 1986, to participate in our two-week learn-by-doing course, and stayed on for nearly three months as a staff member.

During that time Philip devoted himself to the Living Foods Lifestyle program with great energy, enthusiasm, and commitment. He worked intently at all tasks and responsibilities, with special emphasis on mastering the various aspects of the Living Foods Lifestyle.

Therefore, it is with great pleasure and confidence that I hereby certify Philip Ellerston-Jones as eminently qualified to teach the Living Foods Lifestyle program.

With loving heart,

Ann Wigmore

Ann Wigmore D.D., N.D.